

In the 2<sup>nd</sup> Luminous Mystery, we read and we meditate undisturbed:

(G3 - Fr. G.M.G.-J.)



# “The Wedding of Cana”...

## FROM THE GOSPEL ACCORDING TO - JOHN -:

*“The mother [of Jesus] said to the servers, ‘Do whatever he tells you.’ ... Jesus told them: ‘Fill the jars with water.’ So they filled them to the brim.” (John 2:5-7)<sup>1</sup>*

## MEDITATION ON THE MYSTERY:

Let us listen to Mary, so that she (who reminds us in the right way to “do whatever [Jesus] tells you”) can intercede for us; so that Jesus (who transformed the 6 jars of water into 6 jars of wine) can change our spirit from the watery spirit of the world<sup>2</sup> into the inebriating Divine Spirit;<sup>3</sup> so that we may espouse, well and with joy, the right ideal of life. (cf. SLC, p. 65A)

## FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to knowing how to change our watery spirit into the Divine Spirit, St. Cyril of Alexandria says: “It can be easily shown...that the Spirit changes those in whom he comes to dwell....Saul was told by the prophet Samuel: ‘The Spirit of the Lord will take possession of you, and you shall be changed into another man’ [cf. 1Sam 10:6].”  
(CYRIL OF ALEXANDRIA, *Off. of Read.* Thursday week VII of Easter)

<sup>1</sup> NABRE (USCCB)

<sup>2</sup> cf. Ps 144:7

<sup>3</sup> cf. Luke 22:17-18; Zec 10:7; Song 5:1

## FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

- .....
- .....

Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria ...”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...